

# RUN AROUND THE OTTER PONDS

5k Trail Run ☀ 5K Trail Walk ☀ ½ Mile Kid's Run



## To Benefit Cumberland County Volunteers in Police Services

WHEN	WHERE
Sunday October 15, 2017 Kid's Run – 09:00, 5K Walk/Run – 10:00	Johnson Field Rte. 35, 89 Chadbourne Rd. Standish, Maine

☀ T-shirts to the first 100 pre-registered participants ☀

**Pre-Register by Saturday, October 14, 2017:** Register on line at Michael@3raceproductions.com or mail Registration Form and entry fee to VIPs – 5K Trail Run, 175 Northeast Road, Standish, ME 04084

### FEES

	Pre-Registration Fees	Day of Event Registration
Kid's Run	\$5	\$7
5K Trail Run or Walk	\$20	\$25
Family Registration (4 household members)	\$45	\$50

**PACKET PICK-UP ON OCT. 14 BEGINS @ 08:00 – 10:00 am at Johnson Park AWARDS**

1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place for overall female and male  
First place female and male finish in the following age groups; 12 & under, 13-20, 21-40, 41-60, 61-71, 72 & up

**FMI: [twchristv@roadrunner.com](mailto:twchristv@roadrunner.com), or (207) 310-0489**

----- cut here and submit the form below -----

### USE A SEPARATE FORM FOR EACH PARTICIPANT'S REGISTRATION

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_

#### CHECK CORRECT COMBO:

	Pre-Registration Fees	Day of Event Registration
<input type="checkbox"/> Kid's Run	<input type="checkbox"/> \$5	<input type="checkbox"/> \$7
<input type="checkbox"/> 5K Trail Run or Walk	<input type="checkbox"/> \$20	<input type="checkbox"/> \$25
<input type="checkbox"/> Family Registration (4 household members)	<input type="checkbox"/> \$45	<input type="checkbox"/> \$50

T-SHIRT SIZE: Adult -  S  M  L  XL Youth -  S  M  L

### WAIVER

*I know running or walking in a road or trail race is potentially a hazardous activity. I should not enter, run or walk unless I am medically able and properly trained. I agree to abide by any decision made by race officials regarding my ability to safely complete, run or walk in this event. I assume all risks associated with this event to include falls, contact with other participants, effects of weather, including heat and/or humidity, traffic and/or other conditions known, anticipated or unexpected. I, acting for myself and/or as legal guardian of a minor participating in this event shall hold harmless and absolve the Town of Standish, the VIPs, the Cumberland County Sheriff's Office and/or the Portland Water District and all of their officers, agents, employees and/or other participants in this program. I hereby agree to defer, indemnify and hold harmless the Town of Standish, the VIPs, the Cumberland County Sheriff's Office and/or the Portland Water District in such activity in which any claim may arise due to injury to myself or child. I grant full permission of any of the foregoing to use video, tapes, photos, or any other such record of this event for any legitimate purpose. I understand that there will be no refunds for this event.*

Signature (participant): \_\_\_\_\_ Date: \_\_\_\_\_  
Signature (guardian): \_\_\_\_\_ Date: \_\_\_\_\_

**PRE-REGISTRATION ENDS 10/14/17. SEND COMPLETED FORMS TO:  
VIPs -5K TRAIL RUN, 175 NORTHEAST RD., STANDISH, ME 04084  
REGISTER ON LINE AT: [michael@3raceproductions.com](mailto:michael@3raceproductions.com)**



